



## **PSYCHOTHERAPIST**

**DEFINITION:** Provides an array of mental health services. This includes initial assessment, diagnosis, treatment and crisis services for persons entering or admitted into the Behavioral Health System. Functions as part of the Behavioral Health Services team and works closely with agency and community partners. Meets all practice standards, including documentation, in a timely and ethical manner. Under the direction and supervision of the Behavioral Health Director, may also provide quality assurance oversight of all program aspects of Behavioral Health programs including Managed Care and Medi-Cal Specialty Mental Health services as well as other behavioral health services;

**ESSENTIAL JOB DUTIES:** Duties will include but not be limited to the following:

1. As a member of Health and Human Services treatment teams, provides both scheduled and crisis-oriented evaluations of clients experiencing mental/emotional and/or substance abuse problems; develops appropriate treatment coordination plans; conducts individual, group, conjoint, and family counseling and casework with children, adults, and their families, in home-based and community-based settings; provides 24-hour crisis response services in a rotation with other staff; participates in the provision of prevention services for high-risk clients; participates in staff meetings, interagency case conferences, peer review, and quality assurance meetings; maintains documentation in a timely manner and in accordance with local, state, and federal laws and regulations; does related work as required.
2. Provides psychological assessment in order to plan and deliver appropriate behavioral health services as part of a multidisciplinary team;
3. Performs an array of quality assurance and quality improvement tasks, including but not limited to treatment authorization for managed care providers, review of treatment and progress documentation for Behavioral Health program staff, consumer satisfaction review, and other quality improvement activities in collaboration with various partners and system of care providers;
4. Participates in staff meetings, multidisciplinary teams, and other collaborative in the development of treatment services;
5. Provides direct services as assigned;
6. Practices within the scope of license;
7. Must be available for 24-hour on-call duty.
8. Does related work as required.

## **EMPLOYMENT STANDARDS**

**Training and Experience:** Must possess a valid California license to practice psychotherapy (LCSW, MFT, or Ph.D.). Knowledge of the current principles, procedures, and techniques in the assessment, treatment, and management of behavioral health consumers in a system of care and public sector managed care setting, contemporary principles of crisis intervention; laws pertaining to the care of clients in a behavioral health system; quality assurance practices and quality improvement methods; ability to provide evaluation of appropriate services offered in a variety of treatment settings. Ability to coordinate training experiences and interact effectively with a variety of agency partners both within and outside of Health and Human Services. Communicate effectively orally and in writing. Must have ability to sit for prolonged periods of time; produce written documentation by hand or computer; stand, walk, climb and descend stairs, twist, and lift and carry up to 25 pounds; use a telephone; drive a motor vehicle.

**Special requirements:** Must possess a valid California driver's license.